

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Yeo Valley Organic Strawberry Yoghurt	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Crackers (95022) with Cheese	Yes	Yes	May	May	May	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Crackers (00137) with Cheese	Yes	Yes	No	No	No	No	May	No	No	No	Yes	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No

Menu Item	Carb Count per portion (g)	
	Portion Size	Carb amount
Battered Fish	60g	12.2g
Gluten Free Fish Fingers	90g	15.3g
Golden Dippers (V)	80g	9.6g
Sausage in a Baguette (VE) (White Only)	135g	47.8g
Oven Baked Chips	114g	23.9g
Peas	71g	6.4g
Sweetcorn	71g	8.3g
Dinky Doughnuts	53.4g	25.6g
Fruit Jelly	178g	6.4g
Iced Fruit Smoothies – Mango and Orange	80g	15.7g
Iced Fruit Smoothies – Strawberry	80g	15.0g
Yeo Valley Yogurts – Strawberry & Raspberry	80g	8.5g
Yeo Valley Yogurts – Mango and Vanilla	80g	8.6g
Cheese & Crackers (95022)	34g	11.7g
Cheese & Crackers (00137)	34g	11.7g